



## Milwaukee County Farm Bureau

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### Wisconsin Farm Bureau Federation

## You Are Invited to Our Farm

By Patti Roden, District 1 Coordinator



Come and meet Patti and her cows on June 25.

On the menu is pancakes, eggs, milk and cheese. Ice cream with strawberries or chocolate also will be available. Yes, ice cream for breakfast! I can think of no better way to start the day than with so many delicious and nutritious dairy products.

Farming for us is a family affair. We work and spend time together every day of the year on the farm, but on June 25 we get to share our family's tradition with yours. We know this event draws many families and for that reason we have some great family-friendly events planned.

The fan-favorite ice cream eating contest will happen again this year. I have been the emcee for this event during the past couple of years and it's always great to see so many kids, teenagers and adults participate in this contest.

Visit our Facebook page ([facebook.com/OzaukeeCountyBreakfast](https://facebook.com/OzaukeeCountyBreakfast)) as the date gets closer for

For me summer means picnics, dairy breakfasts and county fairs!

This summer is going to be particularly busy for my family. On **Saturday, June 25**, we are hosting the Ozaukee County Breakfast on the Farm at our farm Roden Echo Valley, LLC.

I want to invite you to come to our farm for breakfast on June 25 from 7 a.m. to 11 a.m.

I eat on the farm each and every day, but for you, this might be a once-in-a-lifetime experience.

details on what time the contest will take place. It's a contest you won't want to miss, even watching is entertaining.

Other fun activities that will take place at the farm that morning include a kid zone area (get ready to meet our donkey), kiddie barrel rides, face painting, milk a cow, wagon rides, free samples of new dairy products and much more.

June Dairy Month started in 1937 as a way to promote drinking milk and has been celebrated annually ever since. We are proud to be the hosts of the Ozaukee County Breakfast on the Farm to continue the tradition of celebrating dairy in June. We hope that you come and visit the farm on June 25 so we can share how your dairy products get from the farm to your table.

Can't make it on June 25? There is a website dedicated to finding local dairy breakfasts held throughout Wisconsin. Visit [dairydaysofsummer.com](http://dairydaysofsummer.com) for a complete list of events that are happening to celebrate June Dairy Month. The website also offers some new delicious recipes that you must taste test. Trust me.

With dairy, you can never have too much of a good thing. Check out the recipes for chocolate French toast, strawberry ricotta pancakes, dreamy orange raspberry pie, ice cream sundae tacos or southwestern pasta salad.

Be sure to get your local dairy breakfast on the farm and county fair on the calendar. They offer a lot of great opportunities to learn about the agriculture industry, meet a farmer and let's be honest, taste some great food.

Visit our farm Facebook page at [facebook.com/RodenEchoValley](https://facebook.com/RodenEchoValley) prior to the breakfast and ask us any dairy questions you might have.





# COUNTYnews

MILWAUKEE COUNTY FARM BUREAU EDITION



## Girls' Farm Camp Gets Hands Dirty

*Photos courtesy of Ellie Pierson.*



Each summer, a girls' farm camp is held at Pampered Produce. In 2015, they had nine different weekly sessions for kids ages 7-9 and 10-12. The kids visit the farm from 10 a.m. to 2 p.m. on Monday, Wednesday and Friday. Each session had about 10 people.

cookies and made pizza, caught toads and frogs and built farm fairy houses.

Participants planted their own carrots and flowers, learned about different veggie varieties, studied butterflies and bees and learned to collect and spin honey, petted the animals including rabbits, goats and piglets, adopted chickens, participated in other fun activities including yoga, artwork, drama focused on farm subjects, baked

This was a great way to get their hands dirty and have fun, without distracting TV shows, iPhones, iPads, computers and other electronic devices.

## Donation Made to Teens for Greens Program

*Photos courtesy of Charlie Uiblein.*



Neighbors of Fred's Garden received fresh produce for watching the garden.

Tyzahe planted collards at Fred's Garden.

Bre'Zae and Ryan planted in Fred's Garden.

The Milwaukee County Farm Bureau donated \$100 to the Teens for Greens Program.

live healthy lives and find and sustain gainful employment. They become productive and engaged members of their communities by following a framework hits on three main targets healthy living, economics and finance and entrepreneurship.

The Teens for Greens Program believes that the capacity for entrepreneurial leadership lies within every one of us. Students graduate from the program with the ability to create and implement goals,

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## 'Start from Seed' Container Ideas

By Sharon Morrissey, Consumer Horticulture Agent, Milwaukee County UW-Extension

One approach to designing attractive planters is to use thrillers, fillers and spillers.

- Thrillers are usually large, upright eye-catching plants that provide height to the design.
- Fillers are those plants that make up the central portion of the design.
- Spillers are the plants that trail over the edge; they spill out of the container.

The following are ideas for containers using plants that can be started from seeds either in seed starting containers or sown directly into the decorative planter they will be in all summer long.

These are suggestions of thrillers, fillers and spillers for each type of planting.



### Flowers for Sun

- Thrillers**
- Cleome (spider flower)
  - Tall snapdragons
  - Tall zinnias
  - Short sunflowers
  - Plume celosia
  - Cosmos (pinch to keep bushy)
- Fillers**
- Marigolds
  - Dwarf snapdragons
  - Dwarf zinnias
  - Cockscomb
  - China pinks (*Dianthus chinensis*)
  - Annual gazania (*G. rigens*)
  - Strawflower
  - Statice
  - Nigella (Love-in-a-mist)
  - Larkspur
  - Gomphrena

### Spillers

- Nasturtiums
- Sweet potato

### Vegetables (full sun)

- Thrillers**
- Swiss chard
  - Kale
  - Okra
- Fillers**
- Bush beans (green, yellow, purple)
  - Turnip greens
  - Mustard greens
  - Beet greens
- Spillers**
- Sweet potato (slips)
  - Patio-type cucumbers
  - Mini cantaloupe ('Minnesota Midget' or 'Sweet and Early')

### Herbs (full sun)

- Thrillers**
- 'Fernleaf' dill
  - Bronze fennel (pinch to keep bushy)
  - Purple basil
  - Sweet basil
- Fillers**
- Globe/dwarf basil
  - Thyme
  - Salad burnet
  - Cilantro
  - Parsley
- Spillers**
- Nasturtium (leaves, flowers and seeds are edible)
  - Oregano
  - Marjoram

### To start seeds:

- Fill seed starting containers with slightly moist seed starting mix. Do not pack down.
- Sow one seed per cell to the proper depth, either per label directions or two times the size of seed.
- Tiny seeds = 1/8 inch (lightly pack down soil).
- Slightly larger = 1/4 inch.
- Medium = 1/2 inch (could make a hole with pen point).
- Large = 1 inch (could make a hole with pen).
- Set packs into a shallow tray with water.
- When top of soil mix is glistening, remove packs from water and allow to drain.
- Cover with plastic wrap and place out of direct sunlight until germination starts.
- As soon as leaves start to emerge, remove plastic and move to bright light.
- Moisten soil from bottom as needed.

### To 'harden-off' seedlings before planting outside:

- After second set of leaves appears (2-4 weeks).
- Set containers outdoors in a shaded, protected location out of sun and wind.
- After a few days, move packs into sun during the day and back in protected location at night.
- After a week, if no freezing temperatures are predicted, leave cell-packs in the exposed location overnight.
- If frost or night time temperatures in the 30s are predicted, move packs back into protected location overnight.

Plant seedlings into your desired container for the summer when they have two to four sets of leaves or more.



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## Annual Meeting Date Set

The Milwaukee County Farm Bureau annual meeting is set for 6 p.m. on **Monday, October 3** at Benny's Café.

Watch your mailbox for a postcard with more information.



## Farm Technology Days Coming Soon

Wisconsin Farm Technology Days will be held in Walworth County on **July 19-21**.

Volunteers are needed on the Field Demonstration Committee to drive tractors pulling the trams and spotters on the trams to help visitors on and off of the tram.

For more information or to volunteer, please contact Kathy Baumeister at [kathybaumeister@gmail.com](mailto:kathybaumeister@gmail.com), or Russ Weis at [rdweis@wi.rr.com](mailto:rdweis@wi.rr.com). Volunteers also are needed on other committees.

Farm Technology Days provides a great opportunity to showcase the latest innovations in agriculture, so be sure to attend the show.



## District 1 Policy Development Meeting

The District 1 Policy Development Meeting is scheduled for **Wednesday, July 13**.

- 6:15 p.m. Social
- 6:30 p.m. Buffet dinner
- 7-9 p.m. Policy Development meeting

**Where:** The Machine Shed, N14 W24145 Tower Place, Pewaukee.

For more information, please contact Patti Roden at [proden@wfbf.com](mailto:proden@wfbf.com).

